

From Rascafría to The Paular

An amazing walk where an astonishing nature, history of the Valley's inhabitants, and a cultural frame shapes during centuries are combined.

Places of interest

1 The Paular Path. The Old Cemetery

This path starts next to the old Rascafría's cemetery and the San Sebastian Hermitage, very close to the tourist information point. The path goes along Cotos road, between ancient ashes and black poplars, extraordinary views over the River Lozoya. In addition, you could rest for a few minutes in "The Cañada Shelt" and then continue your way to the history and artistic heart of High Lozoya Valley.



2 The Paular Monastery

The Paular Monastery has witnessed since 1390 how time goes by in The Paular Valley. The old Charterhouse had a great economic importance, nowadays it is a Benedictine Monastery. Due to the beauty of this place, courtyards, the Church, the old Chapter hall, exhibitions or the Cloister, will remain on your memories.



3 The Queen's Bridge

This small stone bridge dates to 18th century. Crosses the Santa Maria of The Paular stream. Plain and simple that is why in may be one of the most beautiful bridges. The huge blocks of stones disproportionate respect to light, gives its an exceptional strength and stability in order to support carriages full of wood.



4 The Forgiveness Bridge

The Forgiveness Bridge crosses over The Lozoya river beside The Paular Monastery. The previous bridge dates at the beginning of 14th century although the current bridge is from the first half of the 18th century. So named because ages ago, when a criminal had committed a felony he was taken to this place, where he could appeal the sentence of the Court. If the Court found the accused guilty, he was carried to The Gallows House to be executed. From The Forgiveness Bridge, a stunning view of the Monastery can be appreciated, beneath The Carpetanos Hills.



5 The Batanes Meadow

The Batanes Meadow is one of the encampment which divides the Santa Maria of The Paular Chapter properties. As its name shows, the paper mill was located within this state and we still can find remainders of the different water conducting systems (ditches, ponds or dams). On top of this area, we will find an unique location such as The Botijo Spring or The Finnish Forest.



6 The Presillas

The Presillas is a recreation area, where you will find several natural pools that come from Lozoya river Great to cool off in the clear water or Lozoya river during the summer. Anyway this is an exceptional, natural environment, with a fantastic landscape of Sierra de Guadarrama National Park.

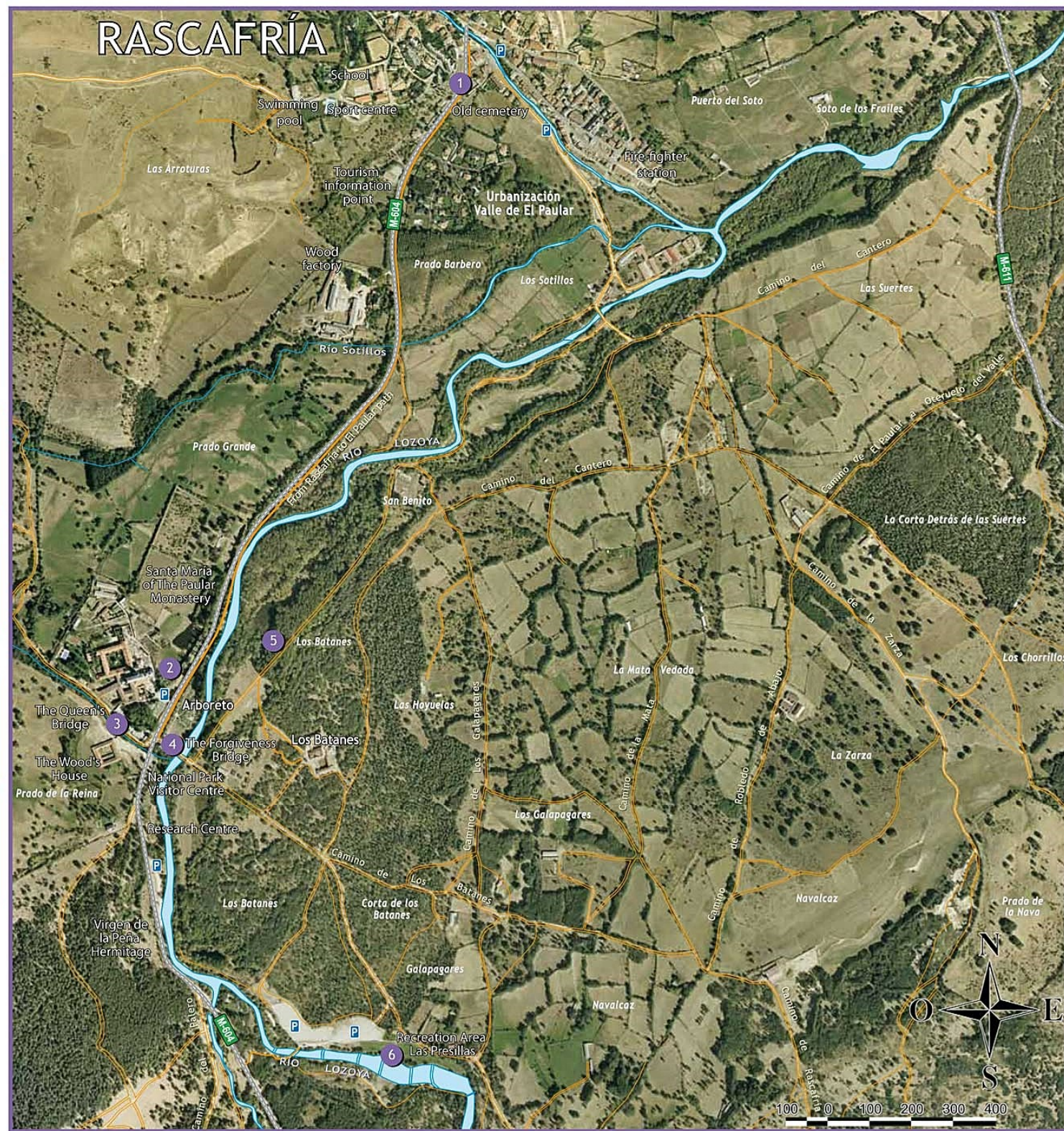


Scope and legend of the map



- 1 Places of interest
- Rivers
- Roads
- Tracks and Paths

Sketch of the main elements on the orthophoto.
Not all the ways and paths are reflected. Respect the property right and keep every gates in cross the path closed.





How to get

To get to Rascafría there are several choices:

By Car:

- From A1, taking in Lozoyuela (km69) the M-604 road.
- By M-611, Through Miraflores de la Sierra, crossing Morcuera Pass.
- By M-601, to Navacerrada Pass and Cotos Pass (M-604).
- By M-637, From Segovia, crossing Navafría Pass to Lozoya, linking with the M-604.

By Bus: Departing from Plaza de Castilla bus station, you should take the bus 194, that ends in Rascafría, or the shuttle bus 194A, starts in Buitrago del Lozoya and go over the Lozoya Valley.

RASCAFRIA

A **gastronomic** and **accommodation** offer for every taste, with leisure activities and active-tourism like alpine and cross-country skiing, hiking, equestrian routes, etc.

A privileged natural and cultural environment



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www.rascafría.org
www.turismomadrid.es

Council of Rascafría

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Tours in Rascafría

Rascafría - El Paular



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The slow passing of the centuries has combined, like only time can do, the **history** and the **culture** with an **incomparable natural environment**.

The **maintained use** and the **respect** of its inhabitants for their surrounding, currently allows us to enjoy this **privileged landscape**.

The Paular Valley would not be the same without the secular presence of **The Monastery**, that during centuries was the truly economic motor of these mountains and which influence covered further territories.



A tour without difficulty, joins Rascafría with one of the most emblematic places of Guadarrama Range. A **walk charged of feelings and history** that it will make us to repeat our trip, without doubt.



The Paular, The restored Charterhouse

The restoration of The Paular Monastery



For some years, an impressive restoration of the Monastery is being conducted, which has known how to integrate new volumes like the shop and the exhibition rooms, with the beauty and the architectonic wealth of The Paular.

The Monastery can be visited. Inform yourself of the guided tours and exhibitions.

The Carduchos of The Paular Monastery

The paintings take up the original position in which stayed more than two centuries since their creation. In 1626, Juan Baeza Brother, Prior of the Carthusian monastery, ordered 56 works of large format that told the history of the Carthusian. In the 18th century,



the Monastery could host up to 180 monks, and it was one of the main economic factors of the area, with its farming, lands and the paper mill, where the material to print the first edition of The Quixote came from.

Between the 52 paintings of the series, "San Bruno see off San Hugo" stands out, in which the Carthusian skills are specially appreciated and the Carthusian habits are well represented. "The Death of San Bruno", where the artist reflects the considered ideal way of death for a Carthusian monk, on the floor and not on the bed; or "The Death of The Venerable Odon of Novara", where Carducho painted himself on the left side of the painting.

